

Supplements

- As always, consult your healthcare practitioner before beginning treatment programs, consuming medications, or nutritional supplements, and before dieting, fasting or exercising. None of these activities are herein presented as substitutes for competent medical treatment, especially if the consumer is pregnant, nursing, or has any preexisting medical conditions. These statements have not been evaluated by the Food and Drug Administration. These products are not intended to treat, diagnose, cure, or prevent any disease.



each vegetable capsule contains:

pyridoxine HCl (B ₆)	250 mg.
pyridoxal 5' phosphate (activated B ₆)	10 mg.
thiamine HCl (B ₁)	100 mg.
riboflavin (B ₂)	5 mg.
riboflavin 5' phosphate (activated B ₂)	10 mg.
niacinamide	100 mg.
inositol hexaniadinate (no-flush niacin)	10 mg.
pantothenic acid (calcium pantothenate) (B ₅)	100 mg.
methylcobalamin (B ₁₂)	400 mcg.
folic acid	400 mcg.
biotin	400 mcg.
vitamin C (as ascorbyl palmitate)	15 mg.

Nerve Health

B₆ Complex—Vital in amino acid metabolism, hemoglobin formation, nerve impulse transmission and hormone synthesis.



Joint & Muscle Pain Reliever

Biofreeze—A unique, effective pain reliever formulated to provide a variety of benefits for therapy, exercise/training, overall comfort and pain relief. Fast acting, deep penetrating, long-lasting pain relief. Available in roll-on, 4 oz. tube, 16 oz. bottle, or 32 oz.



Glucosamine HCl	500 mg
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Glucosamine HCl	500 mg
Chondroitin Sulfate	400 mg



Glucosamine Hydrochloride	750 mg
Chondroitin Sulfate	600 mg
Methylsulfonylmethane (MSM)	150 mg
Boswellia serrata (resin)	100 mg
Bromelain	50 mg
Curcumin Complex (Turmeric)	50 mg



Glucosamine Sulfate	1500 mg
Chondroitin Sulfate	1200 mg
MSM	500 mg
Curcumin	500 mg
Boswellia	500 mg
Bromelain	400 mg
Chinese Skull Cap Extract	150 mg
Acacia Extract	150 mg
White Willow Bark Extract	100 mg

Joint/Arthritis Treatment

Pure Glucosamine—(Arthritis Treatment)

This product is designed to maintain and repair cartilage.

Pure Glucosamine with Chondroitin—(Arthritis Treatment)

This product is designed to maintain and repair cartilage. The combination of glucosamine & chondroitin sulfate is the for in which the vast majority of research of glucosamines benefits to arthritis have been done.

Total Joint Complex—(Arthritis Treatment & Natural Anti-inflammatory) Contains Glucosamine, Chondroitin and MSM (methylsulfonylmethane), as well as three other anti-inflammatory agents: Boswellia, Bromelain, and Curcumin, all of which help to relieve joint discomfort and reduce painful swelling.

Flex Easy—(Arthritis Treatment & Natural Anti-inflammatory)

This product maintains and repairs cartilage, fights joint and muscle inflammation, and fights the release of your body's pain triggers. It contains high concentration of natural anti-inflammation agents.



Supplement Facts

Serving Size: 1 Softgel
Servings Per Container: 120

	Amount	% Daily Value*
Calories	12.7	
Calories from Fat	10.8	
Total Fat	1.2 g	2.1%
Vitamin E (as mixed tocopherols)	10 IU	33%
Natural Marine Lipid Concentrate	1.2 g	**
EPA (eicosapentaenoic acid)	360 mg	**
DHA (docosahexaenoic acid)	240 mg	**

* Percent Daily Value based on a 2,000 calorie diet
** Daily value not established.

Heart & Cardiovascular Health

OmegaPure 600—Fish Oil promotes cardiovascular health by supporting optimal triglyceride and cholesterol levels, and reducing platelet aggregation. Has also been shown to promote optimal joint function and overall brain and nervous system function.



THREE TABLETS SUPPLY:

Magnesium 150 mg
Calcium (as calcium lactate) 75 mg

HERBS:

Passion Flower 5.35:1 Extract 60 mg
(*Passiflora incarnata*)
Valerian Root Extract 30 mg
(*Valeriana officinalis*)
Hops Cone 7.5:1 Extract 60 mg
(*Humulus lupulus*)
Lemon Balm Leaf 5:1 Extract 150 mg
(*Melissa officinalis*)

Muscle Relaxers

Myocalm—(Muscle Relaxer) Provides forms of magnesium and calcium blended with select herbs that support healthy muscle function. Supplies important minerals involved in muscular contraction and relaxation responses. Relieves minor muscle pain associated with stress and physical exertion.



TWO TABLETS SUPPLY:

Magnesium (as magnesium citrate) 100 mg
Calcium (as calcium lactate) 50 mg

HERBS:

Passionflower 5.35:1 Extract (*Passiflora incarnata*) 40 mg
Valerian Root Extract (*Valeriana officinalis*) 20 mg

Myocalm PM—(Muscle Relaxer & Sleep Aid) Promotes muscle relaxation, thereby reducing the frequency of painful spasms or cramps in muscles throughout the back and calves. Helps relieve minor pain associated with muscle tension. Promotes a feeling of calm, and can be taken at bedtime for relief of occasional sleeplessness.



Supplement Facts

Serving Size 1 Lozenge

Amount Per Lozenge	% Daily Value
Vitamin C (as ascorbic acid)	100 mg 167%
Zinc (from 23 mg zinc gluconate)	3 mg 20%

Immune System Support

Zinc Lozenges—Provides Zinc and Vitamin C to support the body's natural defense. Also provides continuous levels of essential nutrients to your body tissues throughout the day.



Active Ingredients - 60 capsules per bottle
2 capsules contain:

Black Cohosh Extract (std.-2.5% 160 mg
yielding 4 mg triterpenes)
Soy Extract (std.-10% isoflavones) 500 mg
yielding 50 mg isoflavones
Gamma-oryzanol 300 mg

Women's Health

Womens Hormonal Support—All natural product containing 3 proven herbal agents that have been shown to support female hormonal health and help manage a variety of female conditions including menopause, bone health, cardiovascular health, PMS, fibrocystic breast disease, endometriosis and uterine fibroids.



Each 500 mg. Tablet Contains:
Organically grown, unheated, unadulterated, dehydrated, enzyme rich, young, green barley plants. Preservative free. Contains no maltodextrine.

Reducing Body Acidity

Alka Green Tablets—Recommended as the best overall body alkalizer. It is grown under organic conditions; containing no chemical fertilizer, insecticides, or pesticides. This product is not diluted providing the maximum concentration of the natural minerals vital to optimum health.

Overall Health/Nutritional Support

The “Clinical Nutrients” line of multivitamin formulas is the best and most complete line of nutrients available at Bradley Family Chiropractic.



Clinical Nutrients Prenatal Formula—Provides the appropriate nutritional balance that pregnant women need. Supplies sufficient amounts of calcium, magnesium, folic acid, vitamin B₆, pantothenic acid, iron, zinc, manganese, copper, all nutrients that pregnant and lactating women quickly use up.

Serving Size 4 Tablets	Amount/Serving	%DV
Vitamin A (as beta carotene)	10,000 IU	125 %
Vitamin C (ascorbic acid)	300 mg	500 %
Vitamin D (as cholecalciferol)	200 IU	50 %
Vitamin E (as d-alpha tocopheryl acid succinate)	200 IU	667 %
Vitamin K (as phytonadione)	500 mcg	*
Thiamin (as thiamin HCl) (vitamin B1)	60 mg	3,529 %
Riboflavin (vitamin B ₂)	60 mg	3,000 %
Niacin (as niacin and niacinamide)	45 mg	225 %
Vitamin B ₆ (as pyridoxine HCl)	100 mg	4,000 %
Folic Acid	800 mcg	100 %
Vitamin B ₁₂ (as cyanocobalamin)	800 mcg	10,000 %
Biotin	600 mcg	200 %
Pantothenic Acid (as calcium D-pantothenate)	100 mg	1,000 %
Calcium (as tricalcium phosphate, calcium carbonate, and calcium citrate)	1 g	77 %
Iron (as ferrous succinate)	30 mg	167 %
Phosphorus (from tricalcium phosphate)	225 mg	17 %
Iodine (as potassium iodide)	300 mcg	200 %
Magnesium (as magnesium citrate and magnesium oxide)	400 mg	89 %
Zinc (as zinc picolinate)	30 mg	200 %
Selenium (as L-selenomethionine)	100 mcg	*
Copper (as copper gluconate)	1.5 mg	75 %
Manganese (as manganese citrate)	2 mg	*
Chromium (as chromium polynicotinate)	200 mcg	*
Molybdenum (as sodium molybdate)	25 mcg	*
Sodium	20 mg	*
Potassium (as potassium aspartate)	100 mg	*
Choline Bitartrate	90 mg	*
Inositol	90 mg	*
Mixed Bioflavonoids 50% (from citrus fruits)	90 mg	*
Dandelion (Taraxacum officinale) Root Extract 4:1	60 mg	*
Boron (as sodium borate)	1 mg	*
Silicon (as magnesium trisilicate)	1 mg	*
Vanadium (as vanadyl sulfate)	50 mcg	*

*Daily Value (DV) not established.

Overall Health/Nutritional Support

The “Clinical Nutrients” line of multivitamin formulas is the best and most complete line of nutrients available at Bradley Family Chiropractic.



Clinical Nutrients for Men—Provides essentials nutrients for masculine functions, combined with high-quality herbal extracts.

Serving Size 3 Tablets	Amount/Serving %DV	
Vitamin A (75% as beta carotene and as retinyl acetate)	10,000 IU	200%
Vitamin C (ascorbic acid)	300 mg	500%
Vitamin D (as cholecalciferol)	400 IU	100%
Vitamin E (as d-alpha tocopheryl acid succinate)	200 IU	667%
Vitamin K (as phyttonadione)	80 mcg	100%
Thiamin (as thiamin HCl) (vitamin B1)	60 mg	4,000%
Riboflavin (vitamin B2)	60 mg	3,529%
Niacin (as niacinamide and niacin)	90 mg	450%
Vitamin B6 (as pyridoxine HCl)	60 mg	3,000%
Folic Acid	800 mcg	200%
Vitamin B12 (as cyanocobalamin)	500 mcg	8,333%
Biotin	600 mcg	200%
Pantothenic Acid (as calcium D-pantothenate)	60 mg	600%
Calcium (as calcium carbonate and calcium citrate)	300 mg	30%
Iodine (as potassium iodide)	300 mcg	200%
Magnesium (as magnesium aspartate and magnesium oxide)	250 mg	63%
Zinc (as zinc gluconate)	30 mg	200%
Selenium (as L-selenomethionine)	200 mcg	286%
Copper (as copper gluconate)	2 mg	100%
Manganese (as manganese citrate)	2 mg	100%
Chromium (as chromium picolinate)	200 mcg	167%
Molybdenum (as sodium molybdate)	75 mcg	100%
Sodium	15 mg	<1%
Potassium (as potassium aspartate)	100 mg	3%
Choline Bitartrate	215 mg	*
Black Tea (Camellia sinensis) Leaf Extract 5:1	50 mg	*
Sweet Cherry (Prunus avium) Fruit Extract 10:1	50 mg	*
Inositol	30 mg	*
Ginger (Zingiber officinale) Rhizome Extract	30 mg	*
Green Tea (Camellia sinensis) leaf extract 3:1	30 mg	*
Muira Puama (Ptychopetalum olacoides) Root Extract 6:1	30 mg	*
Grape (Vitis vinifera) Seed Extract 4:1	20 mg	*
Panax Ginseng Root Extract standardized to contain a minimum of 7% ginsenosides	15 mg	*
Bilberry (Vaccinium myrtillus) Fruit Extract 4:1	10 mg	*
Boron (as sodium borate)	2 mg	*
Lycopene	2 mg	*
Lutein (from Calendula officinalis)	1.5 mg	*
Vanadium (as vanadyl sulfate)	100 mcg	*
Zeaxanthin (from Calendula officinalis)	75 mcg	*

*Daily Value (DV) not established.

Overall Health/Nutritional Support

The “Clinical Nutrients” line of multivitamin formulas is the best and most complete line of nutrients available at Bradley Family Chiropractic.



Clinical Nutrients for 50+ Men—Provides nutrients for the adrenal glands, which produce the sex Hormones. Contributes to prostate function, testosterone synthesis and supports masculine functions.

Serving Size 4 Tablets	Amount/Serving	%DV
Vitamin A (75% as beta carotene and as retinyl acetate)	10,000 IU	200%
Vitamin C (ascorbic acid)	300 mg	500%
Vitamin D (as cholecalciferol)	400 IU	100%
Vitamin E (as d-alpha tocopheryl acid succinate)	200 IU	667%
Vitamin K (as phytonadione)	120 mcg	150%
Thiamin (as thiamin HCl) (vitamin B1)	60 mg	4,000%
Riboflavin (vitamin B2)	60 mg	3,529%
Niacin (as niacinamide and niacin)	120 mg	600%
Vitamin B6 (as pyridoxine HCl)	60 mg	3,000%
Folic Acid	800 mcg	200%
Vitamin B12 (as cyanocobalamin)	800 mcg	13,333%
Biotin	600 mcg	200%
Pantothenic Acid (as calcium D-pantothenate)	100 mg	1,000%
Calcium (as calcium carbonate and calcium citrate)	400 mg	40%
Iodine (as potassium iodide)	300 mcg	200%
Magnesium (as magnesium aspartate and magnesium oxide)	250 mg	63%
Zinc (as zinc gluconate)	30 mg	200%
Selenium (as L-selenomethionine)	200 mcg	286%
Copper (as copper gluconate)	2 mg	100%
Manganese (as manganese citrate)	2 mg	100%
Chromium (as chromium picolinate)	200 mcg	167%
Molybdenum (as sodium molybdate)	75 mcg	100%
Sodium	15 mg	<1%
Potassium (as potassium aspartate)	100 mg	3%
Choline Bitartrate	275 mg	*
Saw Palmetto (<i>Serenoa repens</i>) berry extract 4:1	80 mg	*
Sweet Cherry (<i>Prunus avium</i>) Fruit Extract 10:1	50 mg	*
Black Tea (<i>Camellia sinensis</i>) Leaf Extract 5:1	50 mg	*
Ginger (<i>Zingiber officinale</i>) Rhizome Extract	40 mg	*
Green Tea (<i>Camellia sinensis</i>) leaf extract 3:1	30 mg	*
Inositol	30 mg	*
Betaine HCl	25 mg	*
Grape (<i>Vitis vinifera</i>) Seed Extract 4:1	20 mg	*
Panax Ginseng Root Extract standardized to contain a	15 mg	*
Bromelain (2,400 G.D.U./g)	5 mg	*
Papain	15 mg	*
Bilberry (<i>Vaccinium myrtillus</i>) Fruit Extract 4:1	10 mg	*
Pepsin (acid-stable protease)	5 mg	*
Lipase	5 mg	*
Boron (as sodium borate)	3 mg	*
Lycopene	2 mg	*
Lutein (from <i>Calendula officinalis</i>)	1.5 mg	*
Vanadium (as vanadyl sulfate)	100 mcg	*
Zeaxanthin (from <i>Calendula officinalis</i>)	75 mcg	*

*Daily Value (DV) not established

Overall Health/Nutritional Support

The “Clinical Nutrients” line of multivitamin formulas is the best and most complete line of nutrients available at Bradley Family Chiropractic.

Clinical Nutrients for Male Teens—Fights free radicals, contributes to the immune system, and supports clear skin. Also provides additional zinc to help with sexual maturity.



Serving Size 4 Tablets	Amount/Serving	%DV
Vitamin A (86% as beta carotene and as retinyl acetate)	17,500 IU	350 %
Vitamin C (ascorbic acid)	300 mg	500 %
Vitamin D (as cholecalciferol)	100 IU	25 %
Vitamin E (as d-alpha tocopheryl acid succinate)	200 IU	667 %
Vitamin K (as phytonadione)	60 mcg	75 %
Thiamin (as thiamin HCl) (vitamin B1)	30 mg	2,000 %
Riboflavin (vitamin B ₂)	30 mg	1,765 %
Niacin (as niacin and niacinamide)	45 mg	225 %
Vitamin B ₆ (as pyridoxine HCl)	30 mg	1,500 %
Folic Acid	800 mcg	200 %
Vitamin B ₁₂ (as cyanocobalamin)	800 mcg	13,333 %
Biotin	300 mcg	100 %
Pantothenic Acid (as calcium D-pantothenate)	30 mg	300 %
Calcium (as calcium carbonate and calcium citrate)	400 mg	40 %
Iodine (as potassium iodide)	300 mcg	200 %
Magnesium (as magnesium aspartate)	200 mg	50 %
Zinc (as zinc picolinate)	30 mg	200 %
Selenium (as L-selenomethionine)	100 mcg	143 %
Copper (as copper gluconate)	1.5 mg	75 %
Manganese (as manganese citrate)	2 mg	100 %
Chromium (as chromium polynicotinate)	200 mcg	167 %
Molybdenum (as sodium molybdate)	25 mcg	33 %
Sodium	20 mg	<1 %
Potassium (as potassium aspartate)	100 mg	3 %
Mixed Bioflavonoids 50% (from citrus fruits)	100 mg	*
Alfalfa (Medicago sativa) Aerial Part Extract 10:1	60 mg	*
Dandelion (Taraxacum officinale) Root Extract 4:1	60 mg	*
Ginger (Zingiber officinale) Rhizome Extract	60 mg	*
Sarsaparilla (Smilax officinalis) Root Extract 4:1	60 mg	*
Choline Bitartrate	30 mg	*
Inositol	30 mg	*
Boron (as sodium borate)	2 mg	*
Vanadium (as vanadyl sulfate)	50 mcg	*

*Daily Value (DV) not established.

Overall Health/Nutritional Support

The “Clinical Nutrients” line of multivitamin formulas is the best and most complete line of nutrients available at Bradley Family Chiropractic.

Clinical Nutrients for Women—Provides a full range of essential vitamins and minerals to meet the special nutritional needs for women.



Serving Size 3 Tablets	Amount/Serving	%DV
Vitamin A (75% as beta carotene and as retinyl acetate)	10,000 IU	200%
Vitamin C (ascorbic acid)	300 mg	500%
Vitamin D (as cholecalciferol)	400 IU	100%
Vitamin E (as d-alpha tocopheryl acid succinate)	200 IU	667%
Vitamin K (as phytonadione)	90 mcg	113%
Thiamin (as thiamin HCl) (vitamin B1)	60 mg	4,000%
Riboflavin (vitamin B2)	60 mg	3,529%
Niacin (as niacinamide and niacin)	90 mg	450%
Vitamin B6 (as pyridoxine HCl)	95 mg	4,750%
Folic Acid	800 mcg	200%
Vitamin B12 (as cyanocobalamin)	800 mcg	13,333%
Biotin	600 mcg	200%
Pantothenic Acid (as calcium D-pantothenate)	30 mg	300%
Calcium (as calcium carbonate, tricalcium phosphate, and calcium citrate)	500 mg	50%
Iron (as ferrous succinate)	18 mg	100%
Phosphorus (from tricalcium phosphate)	113 mg	11%
Iodine (as potassium iodide)	300 mcg	200%
Magnesium (as magnesium aspartate and magnesium oxide)	300 mg	75%
Zinc (as zinc gluconate)	20 mg	133%
Selenium (as L-selenomethionine)	200 mcg	286%
Copper (as copper gluconate)	2 mg	100%
Manganese (as manganese citrate)	2 mg	100%
Chromium (as chromium picolinate)	200 mcg	167%
Molybdenum (as sodium molybdate)	75 mcg	100%
Sodium	10 mg	<1%
Potassium (as potassium aspartate)	100 mg	3%
Choline Bitartrate	215 mg	*
Black Tea (Camellia sinensis) Leaf Extract 5:1	50 mg	*
Sweet Cherry (Prunus avium) Fruit Extract 10:1	30 mg	*
Green Tea (Camellia sinensis) leaf extract 3:1	30 mg	*
Inositol	30 mg	*
Ginger (Zingiber officinale) Rhizome Extract	30 mg	*
Cranberry (Vaccinium macrocarpon) Fruit Extract standardized to contain 30% organic acids (quinic, malic, and citric acid)	25 mg	*
Chaste Tree (Vitex agnus-castus) Berry Extract standardized to contain 0.5% agnusides	20 mg	*
Grape (Vitis vinifera) Seed Extract 4:1	20 mg	*
Bilberry (Vaccinium myrtillus) Fruit Extract 4:1	10 mg	*
Boron (as sodium borate)	3 mg	*
Lutein (from Calendula officinalis)	1.5 mg	*
Silicon (as magnesium trisilicate)	1 mg	*
Vanadium (as vanadyl sulfate)	100 mcg	*
Zeaxanthin (from Calendula officinalis)	75 mcg	*

*Daily Value (DV) not established.

Overall Health/Nutritional Support

The “Clinical Nutrients” line of multivitamin formulas is the best and most complete line of nutrients available at Bradley Family Chiropractic.

Clinical Nutrients for 45+ Women—Formulated for women during and after menopause. Reduces the risk of osteoporosis and helps the body absorb and utilize calcium properly.



Serving Size 6 Tablets	Amount/Serving	%DV
Vitamin A (75% as beta carotene and as retinyl acetate)	10,000 IU	200%
Vitamin C (ascorbic acid)	300 mg	500%
Vitamin D (as cholecalciferol)	400 IU	100%
Vitamin E (as d-alpha tocopheryl acid succinate)	200 IU	66.7%
Vitamin K (as phytonadione)	120 mcg	150%
Thiamin (as thiamin HCl) (vitamin B1)	60 mg	4,000%
Riboflavin (vitamin B2)	60 mg	3,529%
Niacin (as niacinamide and niacin)	90 mg	450%
Vitamin B6 (as pyridoxine HCl)	60 mg	3,000%
Folic Acid	800 mcg	200%
Vitamin B12 (as cyanocobalamin)	800 mcg	13,333%
Biotin	600 mcg	200%
Pantothenic Acid (as calcium D-pantothenate)	50 mg	500%
Calcium (as tricalcium phosphate, calcium carbonate, and calcium citrate)	800 mg	80%
Phosphorus (from tricalcium phosphate)	180 mg	18%
Iodine (as potassium iodide)	450 mcg	300%
Magnesium (as magnesium aspartate and magnesium oxide)	300 mg	75%
Zinc (as zinc gluconate)	15 mg	100%
Selenium (as L-selenomethionine)	200 mcg	286%
Copper (as copper gluconate)	2 mg	100%
Manganese (as manganese citrate)	2 mg	100%
Chromium (as chromium picolinate)	200 mcg	167%
Molybdenum (as sodium molybdate)	75 mcg	100%
Sodium	15 mg	< 1%
Potassium (as potassium aspartate)	100 mg	3%
Choline Bitartrate	215 mg	*
Ginger (Zingiber officinale) Rhizome Extract	60 mg	*
Black Tea (Camellia sinensis) Leaf Extract 5:1	50 mg	*
Sweet Cherry (Prunus avium) Fruit Extract 10:1	50 mg	*
Green Tea (Camellia sinensis) leaf extract 3:1	30 mg	*
Inositol	30 mg	*
Soy (Glycine max)	30 mg	*
Cranberry (Vaccinium macrocarpon) Fruit Extract standardized to contain 30% organic acids (quinic, malic, and citric acid)	25 mg	*
Betaine HCl	25 mg	*
Grape (Vitis vinifera) Seed Extract 4:1	20 mg	*
Bromelain (2,400 G.D.U./g)	5 mg	*
Papain	15 mg	*
Bilberry (Vaccinium myrtillus) Fruit Extract 4:1	10 mg	*
Pepsin (acid-stable protease)	5 mg	*
Lipase	5 mg	*
Boron (as sodium borate)	3 mg	*
Lutein (from Calendula officinalis)	1.5 mg	*
Silicon (as magnesium trisilicate)	1 mg	*
Vanadium (as vanadyl sulfate)	100 mcg	*
Zeaxanthin (from Calendula officinalis)	75 mcg	*

*Daily Value (DV) not established.

Overall Health/Nutritional Support

The “Clinical Nutrients” line of multivitamin formulas is the best and most complete line of nutrients available at Bradley Family Chiropractic.

Clinical Nutrients for Female Teens—Provide additional calcium to help prevent osteoporosis later in life and extra iron to counteract the loss of iron every month during menstrual cycles.



Serving Size 4 Tablets	Amount/Serving	%DV
Vitamin A (88% as beta carotene and as retinyl acetate)	17,000 IU	340%
Vitamin C (ascorbic acid)	300 mg	500%
Vitamin D (as cholecalciferol)	100 IU	25%
Vitamin E (as d-alpha tocopheryl acid succinate)	200 IU	667%
Vitamin K (as phytonadione)	60 mcg	75%
Thiamin (as thiamin HCl) (vitamin B1)	30 mg	2,000%
Riboflavin (vitamin B ₂)	30 mg	1,765%
Niacin (as niacin and niacinamide)	45 mg	225%
Vitamin B ₆ (as pyridoxine HCl)	90 mg	4,500%
Folic Acid	800 mcg	200%
Vitamin B ₁₂ (as cyanocobalamin)	800 mcg	13,333%
Biotin	300 mcg	100%
Pantothenic Acid (as calcium D-pantothenate)	30 mg	300%
Calcium (as calcium carbonate and calcium citrate)	500 mg	50%
Iron (as ferrous succinate)	30 mg	167%
Iodine (as potassium iodide)	300 mcg	200%
Magnesium (as magnesium aspartate)	200 mg	50%
Zinc (as zinc picolinate)	20 mg	133%
Selenium (as L-selenomethionine)	100 mcg	143%
Copper (as copper gluconate)	1.5 mg	75%
Manganese (as manganese citrate)	2 mg	100%
Chromium (as chromium polynicotinate)	200 mcg	167%
Molybdenum (as sodium molybdate)	25 mcg	33%
Sodium	15 mg	<1%
Potassium (as potassium aspartate)	100 mg	3%
Mixed Bioflavonoids 50% (from citrus fruits)	100 mg	*
Alfalfa (Medicago sativa) Aerial Part Extract 10:1	60 mg	*
Choline Bitartrate	60 mg	*
Inositol	60 mg	*
Ginger (Zingiber officinale) Rhizome Extract	60 mg	*
Dandelion (Taraxacum officinale) Root Extract 4:1	60 mg	*
Licorice (Glycyrrhiza glabra) Root and Rhizome Extract standardized to contain 5% glycyrrhizic acid	30 mg	*
Boron (as sodium borate)	2 mg	*
Silicon (as magnesium trisilicate)	1 mg	*
Vanadium (as vanadyl sulfate)	50 mcg	*

*Daily Value (DV) not established.

Overall Health/Nutritional Support



Nutrient 950—A Complete hypo-allergenic, high—
nutrient multi-vitamin, multi-mineral supplement.

**This gentle formula which is well tolerated by
individuals with very sensitive stomachs..** As part
of a well-balanced diet that is low in saturated fat and
cholesterol, folic acid, vitamin B₆ and vitamin B₁₂ may
reduce the risk of vascular disease. Also available
Nutrient 950 without Copper & Iron (for those
sensitive to iron.).

six vegetable capsules contain:

ascorbic acid	1,000 mg.
vitamin C (as ascorbyl palmitate)	120 mg.
mixed carotenoids	15,000 i.u.
providing:	
beta carotene	8,568 mcg.
alpha carotene	270 mcg.
zeaxanthin	54 mcg.
cryptoxanthin	66 mcg.
lutein	42 mcg.
vitamin D ₃	400 i.u.
d-alpha tocopherol succinate (vitamin E)	400 i.u.
thiamine HCl (B ₁)	100 mg.
riboflavin (B ₂)	50 mg.
riboflavin 5' phosphate (activated B ₂)	25 mg.
pyridoxine HCl (B ₆)	25 mg.
pyridoxal 5' phosphate (activated B ₆)	25 mg.
niacinamide	100 mg.
inositol hexaniacinate (no-flush niacin)	90 mg.
folic acid	800 mcg.**
biotin	800 mcg.
pantothenic acid (calcium pantothenate) (B ₅)	400 mg.
methylcobalamin (B ₁₂)	1,000 mcg.
calcium (citrate)	300 mg.
magnesium (citrate)	200 mg.
potassium (aspartate)	99 mg.
zinc (picolinate)	25 mg.
manganese (aspartate)	10 mg.
iron (glycinate)	10 mg.
boron (glycinate)	2 mg.
copper (glycinate)	2 mg.
iodine (potassium iodide)	200 mcg.
chromium (polynicotinate)	200 mcg.
selenium (selenomethionine)	200 mcg.
vanadium (aspartate)	200 mcg.
molybdenum (aspartate)	100 mcg.

Overall Health/Nutritional Support



Multigenics Chewable—A high quality multi-vitamin and mineral supplement designed especially for **children and adults who prefer a chewable tablet**. provides essential, comprehensive foundation for optimal health, also delivers absorbable patented amino acid chelates, ratio-balanced B vitamins, and broad-spectrum antioxidant protection.

EACH TABLET SUPPLIES:

Vitamin A [50% (1,250 IU) as retinyl acetate and 50% (1,250 IU) as beta-carotene†]	2,500 IU
Vitamin C (as magnesium ascorbate and ascorbic acid)	100 mg
Vitamin D (as cholecalciferol)	100 IU
Vitamin E (as d-alpha tocopheryl succinate)	20 IU
Thiamin (as thiamin mononitrate)	1.4 mg
Riboflavin	1.6 mg
Niacin (as niacinamide)	20 mg
Vitamin B6 (as pyridoxine hydrochloride)	1.4 mg
Folate (as folic acid)	300 mcg
Vitamin B12 (as cyanocobalamin)	6 mcg
Biotin	38 mcg
Pantothenic Acid (as D-calcium pantothenate)	10 mg
Calcium (as calcium citrate malate)	15 mg
Iron (as iron glycinate††)	2 mg
Iodine (as potassium iodide)	70 mcg
Magnesium (as magnesium citrate, ascorbate)	15 mg
Zinc (as zinc gluconate)	2 mg
Copper (as copper lysinate††)	100 mcg
Manganese (as manganese aspartate)	200 mcg
Quercetin (as quercetin dihydrate)	2 mg
Alpha-Carotene	13 mcg
Cryptoxanthin	4 mcg
Zeaxanthin	2 mcg
Lutein	2 mcg

Other Ingredients: Fructose, xylitol, sorbitol, natural flavors, licorice extract, guar gum, malic acid, and citric acid.

Products



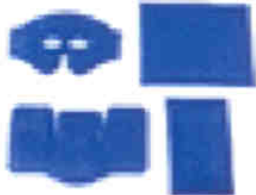
Carpal Tunnel Brace—Helps provide relief from carpal tunnel and other repetitive motion discomforts. A very comfortable brace that provides free mobility of the fingers and thumb so it can be worn at work or to sleep.



Cervical Collar—Contoured design and hook-and-loop closure provides support and acts as a gentle reminder to limit motion.



Heel Lifts—For leg length differences, heel lifts help balance and stabilize the pelvis and low back.



Hot/Cold Therapy—No mess, user friendly therapy pack. Freezable and microwavable. Stays frost free, remains soft, pliable and soothing to touch. Therapy packs are reusable, washable and easily disinfected. Therapy packs are available in small, large, trisectional, and face mask.



Index Knobber—Ergonomical way to massage away aches and pains.



Knee Strap—Applies consistent, even pressure to patellar tendon. Alleviates symptoms of tendonitis and chondromalacia patella. Helps stabilize patella, improve tracking, absorbs stress reducing vibrations in femoral groove. Can be used as a preventative measure during sports or in a rehab phase.



Lumbo Sacral Support—Proportional plush elastic back panel and double side pulls provide superior abdominal compression.



Nukklees—Unique, hand-held massage devices made with lexan. Allows them to flex and contour to each individual body.



ChiroFlow Water Pillow—Adjustable pillow moves to support the head and neck comfortably to provide decreased morning pain intensity, increased pain relief and improved quality of sleep.



TheraSleep Fiber Pillow—The center square indentation supports head and neck while lying on side or back.



Tennis Elbow Strap—Specially shaped, dual-density molded foam pad absorbs shock vibration of forearm muscles. Provides relief for patients with both types of elbow tendonitis (tennis elbow and golfers elbow).



Over-the-door Traction Kit—Comfortable, lightweight, inflatable cervical traction device.

Synergy Rehab Program

Each of the below listed Synergy Rehab kits are designed to fully rehabilitate a specific region of the body. Each program begins with a stretching program to relax tight muscles and help regain flexibility. Then it progresses to a 2 part strengthening program that helps to regain strength in the area in order to stabilize and protect it from future problems.



Lumbar Kit—The Lumbar Program stretches tight muscles which lead to or are associated with chronic lumbar problems including Hamstrings, Rotators and piriformis. The strengthening program targets all the core muscles including Oblique, Abdominal, Erector Spinae, and Paraspinal muscles to help stabilize and protect the lower back. Synergy Lumbar Kit includes: Instructional Booklet, Video, Wall Chart and Synergy Variable Device.



Shoulder Kit—The Shoulder program relaxes the capsule and tight muscles associated with common shoulder imbalances and rotator cuff injuries. Our strengthening program progressively strengthens weak Rotator cuff muscles and restores biomechanics to the shoulder by strengthening the Scapula Retractors including the Middle and Lower Trapezius. Synergy Shoulder Kit includes: Instructional Booklet, Video, Wall Chart and Synergy Variable Device.



Thoracic Kit—Stretches tight muscles associated with headaches, poor posture, rounded shoulders, jogged chin position, kyphosis. Muscles strengthened include the scapula retractors isolating the muscles which pull the scapula to the thoracic spine improving posture and restoring shoulder function mobility. Target strengthening muscles include: Serratus Anterior, Middle and Lower Trapezius. Synergy Thoracic Kit includes: Instructional Booklet, Video, Wall Chart, and Synergy Dual Stabilizer Device.



Cervical Kit—Stretches tight muscles associated with poor posture, chronic neck pain, and headaches, including the Upper Trapezius, Levator Scapula, and Scale-nes. Isometric strengthening creates a basis to work from. Progress to isotonic exercise strengthening muscles including the Para Spinals and Deep Cervical Flexors. The Synergy Cervical Kit includes: Cervical Headgear, Resistance Cord, Instructional Video, and Wall Chart



Knee Kit— The knee program can be helpful in treating minor knee injuries, knee tendonitis, knee arthritis and weakness of the knees/legs. Stretches to increase mobility to the Hamstrings, Quadriceps, Hip Flexor, and Gastrocnemius. The strengthening program targets functional closed chain exercise emphasizing the Vastus Medalis and restores the internal base and proper gait. The Knee Kit includes: Sports Device, Instructional Video, Booklet, and Wall Chart.



Elbow Kit— The Elbow program treats acute elbow strains (which are common in throwing injuries) and chronic and acute elbow tendonitis. The Elbow program stretches to increase range of motion for the Extender, Pronator and Supinator. The strengthening program targets and restores functions to the elbow and wrist. The Elbow Kit includes: Instructional Booklet, Video, Wall Chart, and Synergy Variable Device.



Ankle Kit—The Ankle program treats most common ankle injuries including the following mechanism: planter flexion, inversion, and adduction. Range of motion stretching focuses on the often tight muscle tendon complex of the ankle, including the Gastrochemius and Soleus muscles. Progression of strengthening exercises restores balance including weight bearing and isolating weak muscles, restoring flexibility strength function; and reduction of the likelihood of re-injury. The Ankle Kit includes: Instruction Booklet, Video, Wall Chart, and Synergy Variable Device.



Hip Kit—The hip program treats minor hip injuries, hip bursitis/tendonitis and early hip arthritis. Stretches to increase mobility and improves circulation to the pelvis region, targeting the Quadriceps and Hamstrings. The strengthening program stabilizes and strengthens the hip improving weight bearing and restoring function to the hip. Targeted muscles including Abductors, Adductors, Flexors & Extenders. The Hip Kit includes: Instruction Booklet, Video, Wall Chart, and Synergy Variable Device.



Whiplash Kit—This is a complete rehab program to treat the neck and upper back injuries associated with whiplash. Relaxes the Upper Trap, Levator Scapula, Shoulder's internal Rotators, C1-2, and other tight muscles associated with headaches, poor posture and rounded shoulders. The Strengthening program progressively strengthens weak Cervical Paraspinals, deep Cervicel Flexors, Mid and Lower Trapezius and Serratus Anterior. The Whiplash Kit includes: Tracking Chart, Video, Wall Chart, and Synergy Cervical and Dual Stabilizer.



Advantage Golf Kit—A comprehensive, easy to follow 45 minute video addressing stretching, gentle strengthening, and resistance strengthening for both maximum power and “touch” behind the ball. Provides specific training for a power drive with it's easy to mount bilateral soft loops. Receive maximum flexibility and strengthening benefits. Increases the stabilization and core power, providing better kinesthetic awareness, improving performance and preventing injuries. Advantage Golf Kit includes: Golf Video, Wall Chart, Synergy Dual Stabilizer Device, Ultra Ball and Hand Pump.